

Life Spans of Alma's Lineage

Key Scripture Mosiah 17–Mormon 1

Explanation This chart shows the lineage of Alma and approximate life spans of him and his descendants mentioned in the Book of Mormon. Alma's conversion while listening to Abinadi (see Mosiah 18:1) and Alma's baptism at the Waters of Mormon (see Mosiah 18:14) were important events for himself and for the Nephite civilization. Not only were Alma's descendants able to receive the blessings of the gospel, but for over four hundred years many of them were key prophets and principal keepers of the plates of Nephi who in turn spread the gospel to the general population.

Source John W. Welch, "Longevity of Book of Mormon People and the 'Age of Man,'" *Journal of Collegium Aesculapium* 3 (1985): 34–45.

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